



Pūkeko Syndicate Newsletter



Welcome back to Term 3

Kia ora and welcome to Term 3. After the unsettled and unusual first half of the year we are hoping for a solid 10 weeks in class to get stuck into our learning. Thanks for all your support and involvement during the first term and the Covid lockdown.

It was great to see so many of you at the parent teacher conferences at the end of last term. As always should you have any concerns please don't hesitate to see your child's classroom teacher or Rachel Gargan the Syndicate leader.

The Zones of Regulation

Our learning around The Zones of Regulation last term was very successful. The Zones of Regulation helps students to gain skills in regulating their emotions. All classes have covered a variety of activities and students have unpacked each zone. It is great to hear this language is also being used at home.

The **Orange Zone** is when you might be experiencing anger, rage or terror. You are feeling out of control.

The **Yellow Zone** is when you have heightened emotions and may be feeling frustrated, excited or silliness.

The **Green Zone** is a state of calmness and a good place for learning.

The **Blue Zone** is when you might be feeling down, sad, sick or tired.

Classes are now starting to explore tools they can use to calm and self regulate. The Zones of Regulations provides a mixture of sensory supports, breathing techniques and thinking strategies. This will be an area of ongoing learning.

Term 3 Learning

As a school we have been doing some work around our Inquiry learning. We have been working on creating a progressive approach where our learners can move from Learning Through Play in the Kiwi Syndicate to InSTEAD in the Kereru Syndicate. This learning will be called Investigation throughout the school. We will start with a session on Monday mornings to support a calm transition back into the school environment and provide opportunities for relationships to be strengthened.

Additional sessions will be run in the week with more direction on the current learning and needs of the class.



Learning Programmes this Term

Curriculum Area	Theme
Investigation	Storytelling
Literacy	To Narrate - Creating their own Narrative Books
Numeracy	Measurement, Proportions & Ratios, Geometry
Te Reo Māori	Te Huarere (the weather)
PE Health/Hauora	Manipulation with implements, Athletics Mental Health - Zones of Regulation

A Few Reminders

- Last term we had a number of students who needed to call home for a change of clothes due to getting wet or muddy during the school day. We would suggest packing a change of clothes if this is something your child has encountered.
- Raincoats never go a miss at this time of the year!
- Lost Property - we hate seeing the Lost Property pile grow. Please encourage your child to take responsibility for their belongings. If items are labelled it makes it much easier for us to return them to the correct home.
- Some classes would like students to have the use of headphones. If you could provide your child with headphones for use at school it would be greatly appreciated. Many students took them home during lockdown. Please don't purchase any, check with your child's classroom teacher.

Dates for your Diary

Friday 24th July	Matariki House Event - 11:00am
Friday 31st July	Tawa Zone Cross Country (Year 4 students only)
Friday 7th August	Teacher Only Day - School Closed to Students
Mon - Fri 10-16th August	Maths Week
Tuesday 18th August	Interzone Cross Country
Mon - Fri 14-18th September	Te Wiki o te Reo Māori Week
Monday 21st September	Redwood School Athletics (Postponement date Wednesday 23rd Sept)
Mon - Fri 21-25 September	Library events to celebrate stories including whānau invitation to view our Narrative Writing(TBC)

Warm regards,

Belinda Evans, Carmel Wilson, Emma Ashington, Rachel Gargan, Kim Perkins and Emma O'Leary

